Introduction to High Holidays

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THREE Jewish New Years!

- Rosh Hashanah
- Tu B'Shevat
- Passover
Rosh Hashanah

- 1st day of \textit{Tishrei} – Creation of the world
Tu B'Shevat
Passover

- Beginning of Jewish Nationhood
Season of Holidays

- Begins with Rosh Hashanah
  - *Yamim Noraim* – Days of Awe – examine deeds of previous year
Yom Kippur

- Fast Day – Do something different to make focus eternal and reflective

Sins against other people – not forgiven by G-d – must make personal appeasement

Wish I could undo the hurt...
I am really

SORRY!
Sukkot

- Temporary dwelling – large enough to eat and live in
- Harvest
- One of three pilgrimage holidays
Two Connected Holidays

- Shemini Atzeret - 8th Day – Prayer for Rain
- Simchat Torah – Read end, then beginning
Biblical Roots

- Leviticus 23:24-31
  “...Speak to the Israelite people thus: In the seventh month, on the first day of the month, you shall observe complete rest, a sacred occasion commemorated with loud blasts...”

- Also found in Numbers 29:1-11
Practices and Customs

- Teshuvah – return
- Tashlich – to cast
- Kever Avot – visit to gravesites
Shofar

- Calling device – wake up and repent!
- Blown every day of Elul
- Calls: Tekia, Shevarim, Teruah, Tekiah G'dolah
- Animal must be kosher and “good”
Traditional Holiday Foods

- Round Challah
- Apples and honey
- Pomegranate or new fruit
- Tzimmes
- Kugel
Shivat HaMinim – Seven Species
Greetings

- L'Shanah Tovah Tikatevu
- L'Shanah Tovah U'Mitukah
- Gamar Chatimah Tovah