

# Food and Drink

# Food

- ▶ ...hope you like olive oil 😊



# Green Beans

- ▶ w/ olive oil and tomatoes



# Meatballs

- ▶ Often served w/ long green peppers (sometimes spicy, sometimes not)





# Kebabs

- Comes in all different kinds of meat



# Ayran

- ▶ A yogurt type drink, thin enough you can drink it w/ a staw
- ▶ Salty but good on hot days





# Simit

- ▶ Sesame encrusted bagel/pretzel cross



# Tea

- ▶ Apple tea is their specialty!





# Turkish Coffe

- ▶ Thick and rich...usually drunk w/ sugar (I prefer 2)



What they wear

# Not This!...

## These are Stereotypes!

- Fez, turban





# Clothing

- ▶ Mostly like ours
- ▶ Diverse



# Headgear

- ▶ Fezzes...no
- ▶ Head Scarves...yes



# Handcrafts & Bazaars





# Rugs





# Buying a Rug

- ▶ Process could take hours
- ▶ Some are VERY expensive





# How they are made





# Embroidery













# The Grand Bazaar and the Spice Bazaar



# The Evil Eye

- To protect against evil spirits



- ▶ How is the prevalence of Evil Eye reflective of Ottoman history



# The People

- ▶ Soo Friendly
- ▶ How might Ottoman history contribute to this cultural aspect of the Turkish people



# CULTURE

## The Balkans



# Different Perspective of the Ottomans

- ▶ More hostile attitudes towards the Ottomans.
- ▶ If something goes wrong a common expression is, “what do you expect, we were controlled by the Turks”
- ▶ Some were bitter or fought against the Janissary system
- ▶ At times in history though, the Balkans welcomed the Ottomans as liberators from their own cruel regimes





# Different Food/Drink...or not

- ▶ Have Bosnian (Turkish) coffee
- ▶ More meat than Turkey
- ▶ Albania...lots of pasta



# What the...?

- ▶ Don't worry, this is not a terry bear voodoo doll





# The Evil Eye modification

- ▶ Albania
- ▶ Evil Eye was suppressed during communist rule (religion/superstition was considered the “opiate of the masses”)
- ▶ Albania the only country to officially be declared an atheist country
- ▶ So people used stuffed animals instead of evil eyes to protect their homes so they wouldn't be breaking the law.





But, you just can't keep a  
good bear down

