

# Maslow's Hierarchy of Human Needs & *Midaq Alley* by Naguib Mahfouz

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NEEDS: a lack of something  
required or desired.

\*Needs motivate us to act!

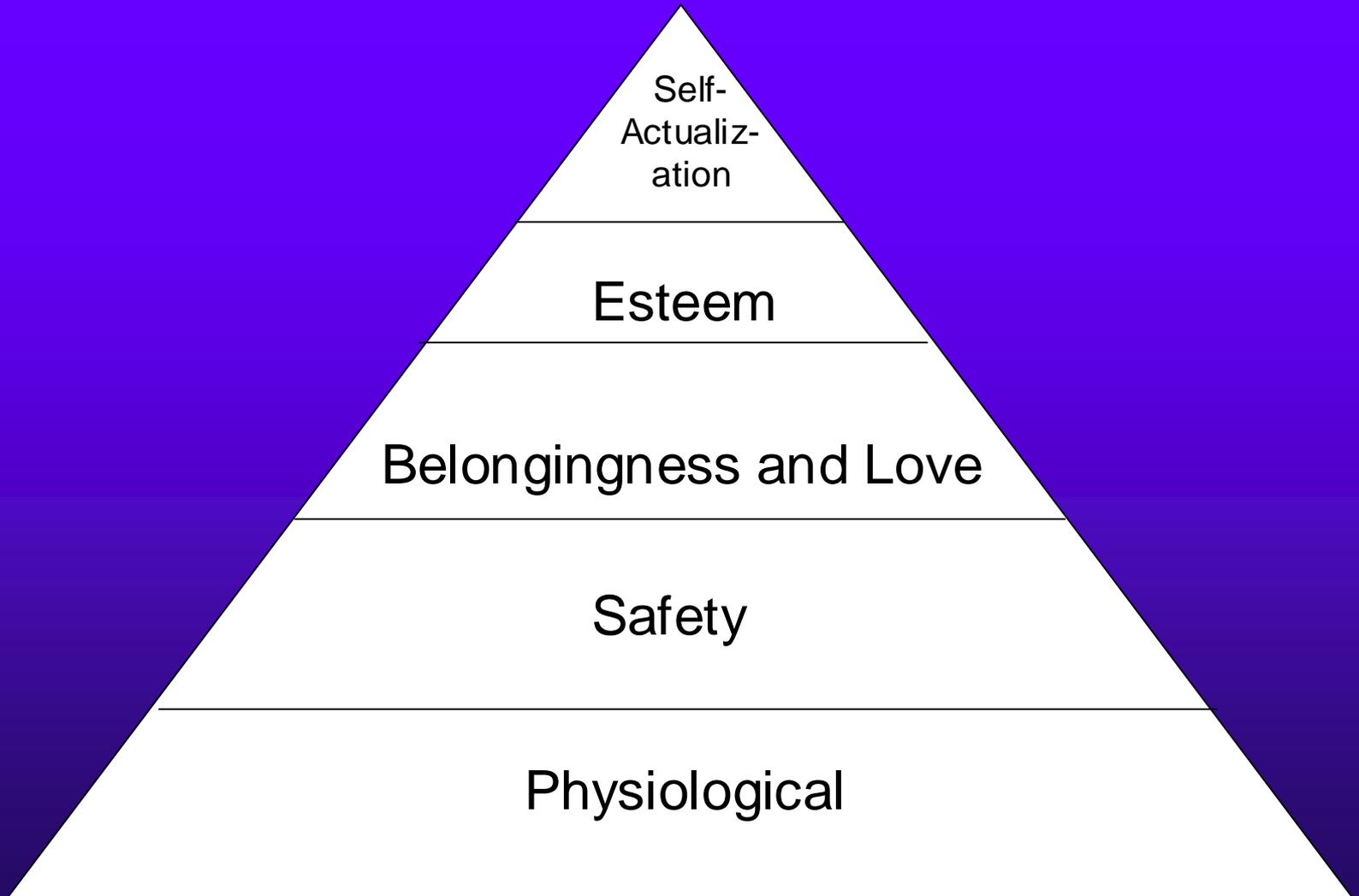




Maslow defined a Hierarchy of Human Needs that stated the lower needs must be met before an individual can strive to meet the higher needs.

**Our purpose in observing Maslow's theory is to juxtapose it with the characters we have observed in *Midaq*. Does Maslow's theory regarding the hierarchy of human needs apply to the inhabitants on the alley? Or is it geared to a Western audience? Does Midaq operate under its own hierarchy of needs given the cultural, historical, and political implications? YOU DECIDE.**

# Maslow's Hierarchy of Needs



# PHYSIOLOGICAL-necessary for life; unmet, these needs lead to death

- ◆ Food
- ◆ Water
- ◆ Oxygen
- ◆ Sleep
- ◆ Protection from extreme temperatures
- ◆ Elimination
- ◆ Sensory needs
- ◆ Motor needs



# SAFETY/SECURITY

- ◆ The need to be free from anxiety and fear
- ◆ The need to be secure in the environment
- ◆ The need for order and routine



# LOVE AND AFFECTION

- ◆ Social acceptance, friendship, to be loved
- ◆ Need to belong, to relate to others
- ◆ Sexuality
  - a person's feelings/attitude toward their masculine/feminine nature
- ◆ Sexuality
  - the ability to give and receive love and affection
  - reproductive capabilities



# ESTEEM

- ◆ Feeling important and worthwhile – includes respect, approval, appreciation
- ◆ We engage in activities that bring achievement, success, and recognition
- ◆ We gain self-confidence and begin to direct our actions toward becoming what we **WANT** to be



# SELF-ACTUALIZATION

- ◆ Self-realization; obtaining our full potential; becoming confident, eager to express our beliefs, and willing to reach out to others to help them



# To meet our human needs



- ◆ We usually learn what works by trial-and-error
- ◆ Direct methods v. Indirect methods
- ◆ Stress reactions
- ◆ Challenges and responsibilities

**THINK:**

**Do characters in Midaq meet their needs through examples listed? How so?**



# DIRECT METHODS

- ◆ Hard work
- ◆ Setting realistic goals
- ◆ Cooperating with others
- ◆ Evaluating effectively

**THINK:**

**Do characters in Midaq meet their needs through examples listed? How so?**





# INDIRECT METHODS

- ◆ Suppression
- ◆ Projection
- ◆ Denial
- ◆ Rationalization
- ◆ Compensation

◆ \*Note: These are unhealthy when used too often, but sometimes allows us to cope!

**THINK:**

**Do characters in Midaq meet their needs through examples listed? How so?**



# When defense mechanisms are inadequate, stress reactions develop:

- ◆ Chronic complaining and demanding behavior
- ◆ Agitation with manipulative behavior
- ◆ Restlessness
- ◆ Sleeplessness
- ◆ Depression
- ◆ Withdrawal

**THINK:**

**Do characters in Midaq develop stress reactions? Why does this happen?**



# Response...

- ◆ Create a modified hierarchy of needs pyramid for the inhabitants of *Midaq Alley*.
- ◆ In what ways does it need to be modified? And if it does not need modification, you must explain why it has universal appeal.
- ◆ Upload a 2-3 paragraph response justifying your reasons to turnitin.com using at least 5 direct quotes from the text to justify your thoughts